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| <b>Topic:</b> Breaches of PHI   | <b>Department:</b> Entire Agency    |
| <b>Original effective date:</b> 9/23/09   | <b>Last revision date:</b> 12/19/25 |
| <b>Owner:</b> VP for Quality and Compliance   | <b>Frequency of reviews:</b> Annual |
| <b>Internal/Regulatory Reference(s) (all that apply):</b> 164.400-164.414             |                                     |
| <b>Related documents/Links:</b> HIPAA HITECH Breach Notification Risk Assessment Form |                                     |

**Policy:** It is the policy of The Arc of Monroe (“The Arc”) to ensure that people have opportunities for privacy and that business, administrative and support functions promote personal and organizational outcomes.

**Additional Information:** For the purposes of this procedure, “breach” is defined as the acquisition, access, use, or disclosure of PHI in a manner not permitted by HIPAA law which compromises the security or privacy of the PHI.

A breach does not include:

- When an Arc staff accidentally accesses PHI for one person when they were trying to look up someone else. For example, a staff person goes into our Electronic Health Record to look up John Smith but accidentally opens the record for Joan Smith.
- When an Arc staff unintentionally sends PHI to another Arc staff but shouldn’t have. For example, a staff person thought that Sue Jones (Arc Staff) worked with someone we support. They send PHI about that person to Sue, but she doesn’t really work with them (so doesn’t have a right to that information).
- When PHI is shared in front of someone who would not be able to understand or retain the information. For example, a staff person shares PHI with another staff in front of someone who is sound asleep. Since they are asleep, they could not remember what was said.

“Protected health information or PHI” is defined as information about people we support that relates to their past, present or future mental or physical health and also identifies them in some way. In addition to more obvious things such as treatment plans, service documentation, clinical assessment, etc., the following are also considered PHI:

- Initials of someone we support. If you share initials, you are sharing PHI. Reducing a name to initials does not protect it under HIPAA law.
- Pictures of someone we support. This includes any photograph that will identify the person in some way. This may be the case even if their face isn’t visible, but something distinctive about them is. It could also apply to pictures of the back of their head, side shots, other parts of their bodies that are distinctive, etc.
- Anything that describes someone in a way that makes it clear who you are talking about (such as a full physical description; or a combination of characteristics that are so unique as to effectively name the person). EXAMPLE: A short middle-aged woman with blazing red hair and right-side hemiparesis who goes to Henrietta Day Services.

This definition applies whether the information is written, spoken, signed, or in an electronic format – regardless of the language (e.g., English or any other language). You should presume that any information about people we support that you work with in your job is PHI and should be treated as such. Information about employees is not considered PHI, as we are not a health-care provider to our employees.

“Unsecured PHI” means PHI that is **not** made unreadable or unusable through encryption or cross-cut shredding. Please note that documents shredded using “strip cut shredders” are still considered unsecured, as documents may be reassembled after shredding. Similarly, ripping up or using scissors to cut up PHI does not render it secured.

For the purposes of this procedure, “staff” includes employees, contractors, consultants, interns, students and volunteers.

| <b>Procedure</b>  |   |
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| <b>Task:</b>  | <b>Responsible party:</b>                   |
| <b>General Guidelines</b>   |   |
| 1. Staff have a responsibility to keep all PHI secure and protected at all times. If they observe PHI at risk of improper access or breach, they have an obligation to respond immediately to secure the PHI. Failure to do so may result in disciplinary actions up to and including termination.  | Staff                                       |
| 2. If staff believe that an improper disclosure or breach of PHI has occurred, they are required to take steps to secure the PHI (if possible) and then notify their manager immediately.   | Staff                                       |
| 3. Managers will assess the situation. If they believe that an improper disclosure or breach may have occurred (as defined in this policy), they will notify the VP for Quality and Compliance.   | Managers                                    |
| 4. The VP for Quality and Compliance will confirm the following information with the manager:<br>*Why the manager believes that an improper disclosure or breach occurred<br>*What information was involved, including: names of people impacted and specific PHI involved in the breach<br>*When the situation is believed to have occurred<br>*When the situation was discovered<br>*Who it is believed was involved in the improper disclosure or breach<br>*What actions have been taken so far to secure the PHI (if possible) and address the concern | VP for Quality and Compliance               |
| 5. If it's determined that the situation may meet the criteria for a breach, the VP for Quality and Compliance will open a formal compliance case for the situation and notify members of EMT of the situation. Please cross reference the policy, “Management of Situations Reported to the Compliance Office” for additional information.   | VP for Quality and Compliance               |
| 6. The VP for Quality and Compliance will initiate an investigation to determine how it occurred, confirm if there was a breach as defined in the law, and what information was involved.   | VP for Quality and Compliance; Investigator |
| 7. The case will be presented to the Internal Compliance Committee (ICC) for review at the next meeting and at subsequent meetings through satisfactory resolution and closure.   | VP for Quality and Compliance               |
| 8. Business Associates are required to inform us if they think they have a breach involving any of our PHI. Please cross reference the policy on Business Associates for more information.  | Business Associates                         |
| 9. Documentation regarding confirmed HIPAA breaches will be kept for at least 6 years from the date of the breach.  | VP for Quality and Compliance               |

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| <b>Risk assessment:</b>   |   |
| <p>1. Based on the investigation, the VP for Quality and Compliance will conduct a risk assessment to determine if a breach actually occurred, as defined in the law. This assessment is designed to determine whether the PHI was considered “compromised” (using the language of the law). This is separate from the investigation. A number of factors may lead to a determination that a breach did not occur, including but not limited to:</p> <ul style="list-style-type: none"> <li>*Was the PHI sent to another organization (or their staff) who are bound by HIPAA law (so they understand the need to keep PHI secure)</li> <li>*Were we notified of the breach immediately when it was received by the person who shouldn't have gotten it</li> <li>*Did the recipient confirm that the information was not disclosed beyond them</li> <li>*Did the recipient confirm that the PHI has been shredded or is being mailed back</li> <li>*Was the specific PHI considered to be overly sensitive to the point where it could be used to the detriment of the person (i.e., was it only a document with initials on it or did it include things like social security number, health insurance information, DOB, full name and address, etc.).</li> <li>*Level of risk based on the type of PHI involved in the disclosure</li> </ul> | VP for Quality and Compliance           |
| <p>2. The risk assessment will be documented on a standard form (see attached) and added to the compliance case file.</p>   | VP for Quality and Compliance           |
| <b>For confirmed breaches involving <u>fewer than 500 people</u> we support:</b>  |   |
| <p>1. If it was confirmed through the risk assessment that the situation met the criteria for a breach AND the breach involved <u>fewer than 500</u> people, the people affected by the breach need to be informed in writing. This needs to occur within 60 days of when we first discovered the breach. This notification should come from the Director or Senior Director of the program. The VP for Quality and Compliance will provide necessary support in the development of this letter.</p>  | Managers, VP for Quality and Compliance |
| <p>2. This notification letter must be written in simple language and include the following information:</p> <ul style="list-style-type: none"> <li>*What happened and when</li> <li>*What PHI was breached</li> <li>*Things that the person can/should do in response to the breach (i.e., monitor their credit)</li> <li>*What we're doing to find out how it happened</li> <li>*What we're doing to prevent it from happening again</li> <li>*What we're doing so that people aren't hurt by the breach</li> <li>*Whom they can call with questions.</li> </ul>  | Managers                                |
| <p>3. This letter needs to be hard-copy mailed to the last known address of the person whose information was breached unless the person has indicated a preference to receive this via email. If the person whose information was breached is deceased, we need to send the letter to the last known address of their next of kin.</p>  | Managers                                |

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| 4. If our contact information is out of date for fewer than 10 people, we can let them know in other ways, such as by phone. Any alternate communication must be documented in our Electronic Health Record.  | Managers                                |
| <p>5. If our contact information is out of date for more than 10 people, we are required to:</p> <ul style="list-style-type: none"> <li>*Put something about the breach on our webpage; OR</li> <li>*Put something out in the local media.</li> </ul> <p>Both of these must include a toll-free number where people can call to find out if they were affected by the breach.</p> <p>The VP for Quality and Compliance will assist managers in this situation.</p>  | Managers, VP for Quality and Compliance |
| <p>6. Managers are also required to respond to the findings of the review or investigation and minimally provide the following information:</p> <ul style="list-style-type: none"> <li>*Actions being taken to prevent recurrence of the breach</li> <li>*Information on any disciplinary actions taken with staff</li> </ul>   | Managers                                |
| 7. Managers should keep a copy of the letters sent for their records, but also send a copy to the VP for Quality and Compliance to include with the compliance case record, and for the Federal Trade Commission (FTC) notification which will need to occur.   | Managers                                |
| 8. Within the first 60 days of the calendar year following the breach, the FTC will be notified of the breach as required by HIPAA law and consistent with the procedures.  | VP for Quality and Compliance           |
| <b>For confirmed breaches involving more the 500 people we support:</b>   |   |
| 1. If it was confirmed through the risk assessment that the situation met the criteria for a breach AND the breach involved <u>more than 500 people</u> , the people affected by the breach need to be informed in writing. This needs to occur within 60 days of when we first discovered the breach. This notification should come from the Director or Senior Director of the program. The VP for Quality and Compliance will provide necessary support in the development of this letter.   | Managers, VP for Quality and Compliance |
| <p>2. This notification letter must be written in simple language and include the following information:</p> <ul style="list-style-type: none"> <li>*What happened and when</li> <li>*What PHI was breached</li> <li>*Things that the person can/should do in response to the breach (i.e., monitor their credit)</li> <li>*What we're doing to find out how it happened</li> <li>*What we're doing to prevent it from happening again</li> <li>*What we're doing so that people aren't hurt by the breach</li> <li>*Who they can call with questions.</li> </ul> | Managers                                |
| 3. This letter needs to be hard-copy mailed to the last known address of the person whose information was breached unless the person has indicated a preference to receive this via email. If the person whose information was breached is deceased, we need to send the letter to the last known address of their next of kin.   | Managers                                |
| 4. If our contact information is out of date for fewer than 10 people, we can let them know in other ways, such as by phone. Any alternate communication must be documented in our Electronic Health Record.  | Managers                                |

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| <p>5. If our contact information is out of date for more than 10 people, we are required to:</p> <p>*Put something about the breach on our webpage</p> <p>This must include a toll-free number where people can call to find out if they were affected by the breach.</p> <p>The VP for Quality and Compliance will assist managers in this situation.</p> | Managers, VP for Quality and Compliance |
| <p>6. For a breach involving more than 500 people, we are required to put something on local media regarding the breach. This has to occur within 60 days of when we first discovered the breach. We will work with Executive Leadership, Marketing and Communications, and legal counsel (as appropriate), to accomplish this.</p>                        | VP for Quality and Compliance           |
| <p>7. Managers are also required to respond to the findings of the review or investigation and minimally provide the following information:</p> <p>*Actions being taken to prevent recurrence of the breach</p> <p>*Information on any disciplinary actions take with staff</p>  | Managers                                |
| <p>8. Managers should keep a copy of the letters sent for their records, but also send a copy to the VP for Quality and Compliance to include with the compliance case record, and for the FTC notification which will need to occur.</p>  | Managers                                |
| <p>9. The compliance case will be presented to and reviewed by the Internal Compliance Committee.</p>  | VP for Quality and Compliance           |
| <p>10. For a case involving more than 500 people, we are required to notify the FTC within 60 days of when we first discovered the breach.</p>   | VP for Quality and Compliance           |
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| <b>Manager responsibilities:</b>   |   |
| <p>1. Managers are responsible for setting an example for staff on keeping PHI secure.</p>   | Managers                                |
| <p>2. Managers should have a good working understanding of this procedure and their role in it.</p>  | Managers                                |
| <p>3. Managers have a responsibility to respond quickly and effectively if they believe that a breach has occurred, or observe that PHI is located in a place or situation where improper access, disclosure or a breach is likely. Failure to do so could result in disciplinary actions up to and including termination for the manager</p>              | Managers                                |
| <p>4. Managers should reach out in a timely manner for support if needed to fulfill their obligations under this procedure.</p>  | Managers                                |
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| <b>VP for Quality and Compliance:</b>  |   |
| <p>1. Acts as the agency's Privacy Officer</p>   | VP for Quality and Compliance           |
| <p>2. Responsible for administering the agency's HIPAA privacy policies and procedures.</p>  | VP for Quality and Compliance           |
| <p>3. Acts as a resource for staff in regard to proper implementation of the HIPAA privacy rule.</p>   | VP for Quality and Compliance           |

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| 4. Responsible for ensuring that breaches are PHI are handled within the requirements of the law. | VP for Quality and Compliance |
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**Document revision record:**

| Revision Date | Release Date | Reason for change   | Approver |
|---------------|--------------|---|----------|
| 8/4/17        | 8/4/17       | Reasons for change not documented   | P Dancer |
| 11/20/18      | 11/20/18     | Reasons for change not documented   | P Dancer |
| 1/27/21       | 1/27/21      | Transitioned to new procedural format and fleshed out responsibilities  | P Dancer |
| 1/24/23       | 2/24/23      | Revised PrecisionCare to Electronic Health Record; Corrected Typos; Activated the risk assessment link  | ICC      |
| 1/25/24       | 1/25/24      | Clarified need to respond to improper disclosure not just breach; added that level of risk includes type of PHI involved; clarified parties to assist with a large breach | ICC      |
| 12/16/24      | 1/23/25      | Clarified procedural points, removed reference to review, and added detailed language on manager responsibility   | ICC      |
| 12/19/25      | 1/12/26      | Added clarifying language; streamlined one bullet   | ICC      |