COMMUNITY HABILITATION



The Arc Monroe
New York

Quick Facts:

- Great option for people looking to build social skills in the community
- Group sessions include up to four people
- Must be 18+
- Must be OPWDD and Medicaid eligible
- Community Habilitation is a group service, available 7 days per week.

Community Habilitation is an individualized service provided in a person's home or in the community. This service supports people in becoming as independent as possible by building daily living skills.

Skills learned through this program include, but are not limited to the following:

- Supporting and maintaining life skills, such as budgeting, healthy living and more.
- Learning about community resources and exploring hobbies and interests.

This service also provides group outings to local museums, parks and other community attractions.

How it works:

- Work with a Care Coordinator to define goals and submit intake forms
- Get approval through OPWDD for weekly hours allotment (if not already approved)
- Develop a service plan based on goals

To learn more about this service, contact the Engagement Coordinator at (585) 672-2222.



