# DAY HABILITATION WITHOUT WALLS (DWOW)



The Arc Monroe New York

SILVER LINING

COMMUNITY EXPLORATION

## Quick Facts:

- Great option for people looking to build social skills in the community
- Community Exploration group sessions include up to four people
- Must be 18+ for Community Exploration
- Must be OPWDD and Medicaid eligible
- DWOW is a group service, available 5 days per week.
- Must be able to be active all day in the community
- Transportation is provided.

*Day Habilitation Without Walls consists of two programs: Silver Lining and Community Exploration. Silver Lining provides opportunities for older, active adults to learn new skills, build lasting friendships and give back to their community. Community Exploration is geared more toward younger people and focused on community inclusion, offering meaningful work and social opportunities.*

### Skills learned through this program include, but are not limited to the following:

- Supporting and maintaining life skills, such as job readiness, healthy living and more.
- Increasing relationships with community members and peers to build meaningful relationships and experiences.

### Eligibility:

- Able to have at least 5 minutes of community independence (in familiar areas/ needs to be stated in Life Plan as LOS)
- Able to self-medicate or does not take medications during daytime hours
- Able to self-regulate behavior and no BSP
- Independent with ADLs (eating, personal hygiene, toileting, etc.)

**To learn more about this service, contact the Engagement Coordinator at (585) 672-2222 or visit arcmonroe.org/silver-lining and arcmonroe.org/community-exploration.**



