DAY HABILITATION



The Arc
Monroe
New York

The Arc of Monroe Day Services

Our day service offerings give people opportunities to learn new skills, build lasting friendships and give back to their community. We have six locations throughout Monroe County that each offer a unique setting and experience to suit every need.

To learn more about this service, contact the Engagement Coordinator at (585) 672-2222.



Ballantyne
This program provides meaningful activities for older adults with a focus on recreation, leisure and community involvement. It is equipped to support many of the medically based needs related to the aging process, including a focus on dementia. Activities include music, horticulture, fitness and special interest clubs for all abilities.

Community Arts Connection
This service provides a diverse array of offerings in the arts that encourages creativity and self-expression. Activities include classes in dance, music, visual arts, fiber arts and literary arts. The Arc's professional groups, A Moving Experience and CAC Revolution (dance troupes) and 585 Vibes (band) also call CAC home.

Fairport
Focuses on person centered planning and individualization, adapting community activities to the interests and abilities of each participant. Services are provided for people with varying needs, interests and abilities. There is significant opportunity for community and social inclusion, as well as volunteerism. Site also features a Specialized Program, primarily designed to meet the unique needs of people supported diagnosed with Autism. The foundation of services in this area has a more intensive focus upon building communication, sensory and socialization abilities.

James V.C. & Anita Lambert Enrichment Campus
A bright, spacious and fully accessible space that allows us to focus on person-centered planning and individualization. Volunteering in the community and on-site are some hallmarks of this program. Supports and activities within the building and out in the community are provided for people with varying needs, interests and abilities.

Community Connections
At Community Connections, we spend half of the day volunteering in the community to build social dexterity and on-the-job skills, and the other half learning responsibilities and expectations in a team-based environment.

Community Explorations (DWOW)
A popular, non-traditional day habilitation service that enables people to be more independent. After a brief check in and schedule planning, the program spends its time within the community volunteering and participating in recreational activities. Group activities are also available, which include cooking and fitness classes.

Silver Lining (DWOW)
Arc Silver Lining is a retirement service for older active adults. This service offers a unique opportunity for people to gather and enjoy "senior life" in our community. Arc Silver Lining provides an opportunity for older adults to be active in our community, choosing how they spend their days, making new friends, meeting for coffee, enjoying a favorite hobby, or learning a new one. Activities include participating in senior centers, fitness classes, volunteering, and visiting area attractions.