SELF-DIRECTED SERVICES



The Arc
Monroe
New York

Eligibility:

- Must work with your Care Coordinator to establish Self-Direction Eligibility.
- Must have access to internet to use our all-in-one electronic platform eVero.
- Open to children and adults

Self-Direction is the practice of empowering people with developmental disabilities to manage the supports and services they receive. Under a Self-Direction model, the person with developmental disabilities chooses a mix of supports and services that work best for them, decides how and when those services are provided, and selects the staff and/or organizations that provide them. FI's, Brokers, Care Coordinators and an individual's support team help with these decisions.

Under the current Self-Direction model, families and individuals navigate upwards of 10 to 15 service types. Some of those service options include:

- Health Club and Organizational Memberships (zoo, gym, museums, etc.)
- Hiring your own staff for: Community Habilitation and/or Respite
- Purchasing Services from Provider: Community Habilitation, Respite and/or Supported Employment
- Housing subsidies
- Therapies (art, music)
- Reimbursement (mileage, internet, cell phone)
- Attending camps
- Community Classes
- Family Reimbursed Respite
- Paid Neighbor and Staffing Support

To learn more about this service, contact our Self-Direction Department Manager at (585) 271-0660 ext. 2576



