# YOUTH SERVICES



The Arc
Monroe
New York

## Arc of Monroe Youth Services:

The Arc of Monroe offers a number of services for people under the age of 21. These services allow children and youth with developmental disabilities the opportunity to learn new skills, foster independence, and become productive adults.

### ROC Your Flight

This no-cost service prepares people and their families for flying out of the Greater Rochester International Airport. Traveling through a busy airport can be stressful. We make it fun and easy while families practice going through security, and even boarding a plane.

### Behavior Management

Behavior Management is a service available to parents and guardians supporting a person living in their home. The Behavior Management Specialist will visit the home to evaluate the person, and then guide and teach family members effective ways to support their loved one.

### Community Habilitation

This service helps people who are 18+ become as independent as possible by building daily living skills. It is a great option for people who want to develop more social skills in the community. This service is group only.

### Family Reimbursement

This no-cost service can help alleviate expenses related to caring for someone with disabilities. Expenses available for reimbursement include, but are not limited to: uncovered medical care, transportation, adaptive equipment, and therapies.

**To learn more about any of these services, contact our Engagement Coordinator at (585) 672-2222.**




